

# OUR HEADLINES:

## THOUGHT LEADERSHIP & RECOGNITION ON A NATIONAL STAGE



March 8, 2022

*"Can you imagine the power of unleashing all female potential? Can you imagine a world that provides access for all women to thrive and succeed? A world free of bias, stereotypes, and discrimination? A world that's diverse, equitable, and inclusive? A world where difference is valued and celebrated? Today on International Women's Day, can you imagine with us?"*

**"Three things you can do today to advance women's equity"**  
by Sheri West



March 30, 2022

*"Students and members of the community gathered outside of the UConn-Stamford campus on Tuesday to advocate for menstrual equity and the ending of period poverty. The rally was organized by student activists and LiveGirl, and mc'd by UConn-Stamford student and LiveGirl intern, Asija Qyteza."*

**"Menstrual Equity Rally Held At UConn-Stamford"**

by Richard Kaufman



May 9, 2022

*"We are proud to partner with LiveGirl and showcase the work of these talented artists," said Hilary Wittman, Executive Director of The Carriage Barn Arts Center. "The selected pieces reflect many interpretations of female power and celebrate LiveGirl's mission to build confident, inclusive leaders."*

**"LiveGirl and Carriage Barn Host Annual 'She Is Rising' Art Exhibit and Benefit"**

by Amanda de Lauzon



May 31, 2022

*"From a young age, women are conditioned to be insecure. During the prime development years, the amount of confidence that a girl has in herself, her body, and her accomplishments plummets. The obsession with peer opinions dictate what teens wear, how they act, and ultimately who they are. In middle school, the average girl is much less confident than the average boy, and this trend can continue even into adulthood. In the workplace, women are more likely to downplay their successes and performances, and to not ask for raises."*

**Op-Ed: "Helping girls bridge the confidence gap"**

by Elizabeth Reed



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June 6, 2022

During Fox 61's "Connecticut Creative Futures" segment, Sheri West and featured She is Rising artist, Tara Blackwell, share their advice as role models to young girls.

**"So much need:' Charity CEO offers 10 ways to help those struggling with COVID-19 pandemic"**

*by Juanita James*



June 20, 2022

In their tween and teenage years, girls become dramatically less self-assured, their confidence plummets, and feelings of insecurity dictate their everyday lives. The adolescent drive for acceptance, the way we socialize women, and the double standards we hold have compounded the negative peer pressure on girls that causes many to question their body, their intelligence, and their worth. By the age of 14, the average girl is much less confident than the average boy. However, this feeling isn't just temporary for some women. Confidence is essential for turning thoughts and feelings into action, and when the confidence gap that opens during puberty remains during adulthood, it harms women as they enter the workforce. So how do we fix this "confidence crisis"?"

**Op-Ed: "I Am Rising"**

*by Elizabeth Reed*



**"New Canaan nonprofit that mentors high school girls is looking for its next class of leaders"**

*by Emily Morgan*



July 10, 2022

*"Through the program, I've learned how use my voice the way I was never encouraged to as a Black woman. I am learning how to advocate for myself, ask questions and simply take space in any room that I walk in," said Breana Chery, who graduated from the program in fall 2020 while attending the Academy of Information Technology and Engineering in Stamford.*

